

FAST SCALE (Functional Assessment Stage)

STAGE	CHARACTERISTICS
1	Normal aging. No difficulties, either subjectively or objectively
2	Possible Mild Cognitive Impairment; complains of forgetting locations of objects. Subjective word finding difficulties.
3	Mild Cognitive Impairment: decreased job functioning evident to co-workers; difficulty in traveling to new locations; decreased organizational capacity.
4	Mild Dementia: decreased ability to perform complex tasks (e.g., planning dinner for guests); handling personal finances (forgetting to pay bills); difficulty marketing, etc.
5	Moderate Dementia: requires assistance in choosing proper clothing to wear for the day, season, or occasion.
6	Moderately Severe Dementia
6a	Difficulty putting clothing on properly without assistance
6b	Unable to bathe properly, e.g., difficulty adjusting bath water temperature) occasionally or more freq over the past weeks
6c	Inability to handle mechanics of toileting (e.g., forgets to flush, does not wipe properly or properly dispose of toilet tissue) occasionally or more frequently over the past weeks
6d	Urinary incontinence, occasional or more frequent
6e	Fecal incontinence, occasional or more freq over the past week
7	Severe Dementia
7a	Ability to speak limited to about half a dozen words in an average day
7b	Intelligible vocabulary limited to a single word in an average day
7c	Non-ambulatory (unable to walk without assistance / non-purposeful ambulation)
7d	Unable to sit up independently
7e	Unable to smile
7f	Unable to hold head up

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